



LCS Student Illness - Parent Reference Sheet **(Updated February 4, 2021)**

An excerpt from Manitoba's Chief Provincial Public Health Officer's (Dr. Brent Roussin) August 31, 2020 letter to Parents and Caregivers is provided below...

Adjusting to living with the risk of COVID-19 in our communities is a challenge for us all. As you and your child(ren) prepare for school in September, parents/caregivers and teachers all need to work together to help students adapt to new routines. It is important to teach your child(ren) the importance of following physical distancing, and staying home when they are sick. It is also important to teach them when and how to wash their hands correctly and how to cough or sneeze into a tissue or their sleeve. These are all important steps to help protect children and others, and reduce the spread of respiratory illnesses, including COVID-19.

The following are important principles that are key to ensuring the return to school is as safe as possible:

- *Children who are sick must stay home from school, even if mildly ill or if you think their sickness is unrelated to COVID-19.*
 - *Children who have symptoms of COVID-19 should stay home and isolate.*
 - *NEW -If ANY family member in your household is symptomatic, students must stay home until isolation is no longer required by Manitoba Public Health.*
 - *Call Health Links – Info Santé for advice on testing for COVID-19 and information about when your child can stop isolating and return to school. If you are unsure about your child's symptoms or whether they need a test, if symptoms are mild or even if you think the illness is unrelated to COVID-19, use Manitoba Public Health's [Screening Tool](#) for guidance.*
 - *If testing is recommended, it is important to get tested as soon as possible to limit the spread of COVID-19.*
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COVID-19 Testing Locations in Winnipeg (Updated January 4, 2021)

Where can I get tested?

- Doctors' Clinics in Winnipeg
- Winnipeg Regional Health Authority

Doctors' Clinics in Winnipeg

Testing is now available at select doctors' clinics. Please note that protocols are in place to separate patient testing from regular medical appointments, including additional daily disinfection and separating testing from regular appointments by offering it after hours or in a different area of the clinic. Physicians and staff will also be wearing appropriate personal protective equipment. These measures will ensure clinics can provide testing separately while also providing safe, ongoing medical care for their existing patients.

Location	Hours of Operation	How to Book	Additional Information
Dakota Medical Centre 17-845 Dakota St.	Monday to Friday 6 p.m. to 10 p.m. Saturday 2 p.m. to 6 p.m. Sunday 1 p.m. to 5 p.m.	Book appointments online at https://dakotamedical.ca/covid-testing/ . Walk-in testing also available.	Testing available for ages 9 and up.
Minor Illness and Injury Clinic Drive-Thru Testing Site, hosted by Red River College 2055 Notre Dame Ave.	Monday to Friday 5 p.m. to 9 p.m. Saturdays and Sundays 12 p.m. to 5 p.m.	By appointment only; book appointments online at www.covidwpg.com .	Testing done in car by physicians.

Winnipeg Regional Health Authority

Location	Hours of Operation
Walk-In Testing Site Assiniboine Downs, 3975 Portage Ave.	Daily 7:00 AM to 7:00 PM Make an appointment
Walk in Clinic Garrick Centre - 330 Garry St.	Daily 8:00 AM to 4:00 PM
MPI Drive-Thru Testing Site 1284 Main St.	Daily 9:00 AM to 4:00 PM
Testing Centre: Thunderbird House 715 Main St.	Monday to Friday 9:00 AM to 4:00 PM
Testing Centre 604 St. Mary's Rd	Daily 9:00 AM to 4:00 PM Make an appointment
Testing Centre 2735 Pembina Highway	Daily 9:00 AM to 4:00 PM Make an appointment
Drive-Thru Testing Site 1066 Nairn Ave.	Daily 7:00 AM to 7:00 PM
MPI Drive-Thru Testing Site 125 King Edward St.	Daily 7:00 AM to 7:00 PM
Walk-In Testing Site 1 Research Road	Daily 7:00 AM to 7:00 PM Make an appointment

[How can I make an appointment for a COVID-19 test?](#)

Please call 1-855-268-4318 or visit the website to make appointments for a COVID-19 test.

[How can I find my results?](#)

To obtain your results online, visit sharedhealthmb.ca/covid19/test-results. You will need to provide information from your Manitoba Health Registration Card to verify your identity.

[Results by phone](#)

Negative COVID-19 results are also available by phone seven days a week between 9:00am and 5:00pm. Call the Public Health COVID-19 Contact Centre 1-844-960-1984. You will be asked to provide information from your Manitoba Health Registration Card to verify your identity.

Individuals who test positive for COVID-19 are contacted directly by Public Health. Health-care workers who test positive for COVID-19 will be contacted by Occupational Health.

Please note:

In the event your student takes a COVID-19 test, it will be important to await confirmation of the COVID-19 test results before sending them back to school. The School will require the COVID-19 test results be forwarded to the Vice Principal responsible for your child(ren)'s division of the school.

Please note that in the event the test results are negative, **it is the School's practice to require parents to keep children home until they no longer present with symptoms associated with their illness for at least 24 hours.**